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| **Hurdle Conversion Table 2011** |
|  |  |  |  |  |  |  |
| **Distance** | **Division** | **Hurdles** | **Height** | **To First** | **Interval** | **To Finish** |
|  |
| **80m** | **MG & MB** | **8** | **30"** | **12m/39'4"** | **7.5m/24'.6"** | **15.5m/50'.84"** |
|  |  |  |  |  |  |  |
| **100m** | **Youth Girls** | **10** | **30"** | **13m/42'6"** | **8.0m/26'2"** | **15.0m/49'2"** |
|  |  |  |  |  |  |  |
| **100m** | **Youth Boys** | **10** | **33"** | **13m/42'6"** | **8.5m/27'9"** | **10.5m/34'4"** |
|  |  |  |  |  |  |  |
| **100m** | **Int./Young W** | **10** | **33"** | **13m/42'6"** | **8.5m/27'9"** | **10.5m/34'4"** |
|  |  |  |  |  |  |  |
| **110m** | **Int./Young M** | **10** | **39"** | **13.72m/45'** | **9.14m/29'10"** | **14.02m/45'10"** |
|  |  |  |  |  |  |  |
| **200m** | **Youth B&G** | **5** | **30"** | **20m/65'6"** | **35m/114'8"** | **40m/131'2"** |
|  |  |  |  |  |  |  |
| **400m** | **Int./Young W** | **10** | **30"** | **45m/147'** | **35m/114'8"** | **40m/131'2"** |
|  |  |  |  |  |  |  |
| **400m** | **Int./Young M** | **10** | **36"** | **45m/147'** | **35m/114'8"** | **40m/131'2"** |